

IRELAND'S GUIDE TO BUMP, BABY AND BEYOND

Pregnancy & PARENING

Stretch Mark
SOS

**LET'S GET
PHYSICAL**

Stylish gym gear
for expectant mums

10 COMMON
NEW PARENT
MISTAKES

TEACHING
Baby To
LOVE VEG

HOW TO HANDLE
**TODDLER
BEDTIME
BATTLES**

WIN
A LUXURY BREAK
TO FOTA ISLAND
RESORT



ISSN 1649-895X
9 771649 895036
€ 2.50 | stg 6.50

NEW



Feeling better already



Pain and fever relief for babies & children

EASOFEN

for Children Strawberry
100 mg/5 ml Oral Suspension
Six Plus 200 mg/5 ml Oral Suspension
IBUPROFEN

Easofen for Children Strawberry 100 mg/5 ml Oral Suspension and Easofen for Children Six Plus Strawberry 200 mg/5 ml Oral Suspension. Always read the label. Do not exceed the stated dose. Consult your doctor if there is no improvement. Available in Pharmacy only. Contains methyl liquid & sodium. Sugar free and colour free. Cloninal Healthcare Ltd., Waterford Road, Clonmel, Co. Tipperary. Date prepared: September 2014. 2014ADV18U107